MEC BIKEFEST

AN URBAN CELEBRATION OF BIKES AND CYCLING CULTURE.

Saturday, July 3, at Liberty Village, Toronto
(Fraser Avenue, between King St. and Liberty St.)

MEC Bikefest is a daylong community celebration of bicycles and all things bicycle related. Our goal is to bring together the GTA's bicycle community and those new to bikes, to celebrate the wonders of cycling. Come join us for the best bicycle street party in Toronto.

Registration for courses and rides opens June 16 in the MEC Toronto store.

For more info visit **mec.ca/bikefest**.

400 King Street West, Toronto 416.340.2667

MOUNTAIN EQUIPMENT CO-OP®

MEC BIKEFEST

Courses and clinics are $5 per session. Pre-registration is required.

	9:30 – 11:00	11:30 – 1:00	1:00 – 2:00	2:00 – 3:30
Care and Repair Clinics	Introductory Bike Repair	Basic Bike Maintenance	Lunch	Introductory Bike Repair for Women
	Tires and Tubes	Tires and Tubes		Truing Wheels
	Basic Bike Maintenance	Intermediate Repairs		Intermediate Repairs
Bicycle Interest and Skills	Adult Learn to Ride	Bicycle Commuting: The Basics		Safe City Riding
	Intro to Mountain Biking	Getting Started: Road Riding		Cycle Touring Tips and Tricks
	Cycle Tours in Ontario	GTA Road Rides		Mountain Biking: Sustainable Trail Building 101 w/ IMBA
	Kids' Learn to Ride (ages 3-10)	**Kids'** Family Bicycling		**Kids'** Cycle Rodeo

FREE. Group Rides – pre-registration is required. All rides start and end at MEC Bikefest.

8:30 – 10:30	11:00 – 1:00	2:00 – 4:00
Pastry Ride: A fun road ride through Toronto for all skill levels, ending with coffee and pastries at MEC Bikefest. Distance: 30-40km.	**City Cruise:** A leisurely ride through Liberty Village, along the waterfront, and back. All skill levels and bike styles welcome. Hosted by Bike Train. Distance: 15-20km.	**Scavenger Ride:** An exciting bike scavenger hunt through Liberty Village with Urban Expeditions. Teams of three. Prizes for the three best teams.

FREE. Activities – no pre-registration is required. Come down and join us for some bicycle fun.

All Day (9:30 – 7:00)	**Bike Demo:** Checkout the latest bikes and gear. Test ride bikes in our demo area.
	Bike Shows: Wacky bikes, performances by Cyclops, and demonstrations throughout MEC Bikefest. Schedule TBA.
	Kids: Try out our obstacle course. Win prizes. Ages 3-12. No bicycle necessary.
	Repairs: Free bike repairs and safety checks. All repairs are first come, first serve.
11:00 – 4:00	**Bike Donations:** Donate your used bike or bike parts with My First Wheels! and Bike Sauce .
Noon – 4:00	**Bike Swap:** Used bikes and cycling gear for sale.
4:00 – 7:00	**Live bands and gear giveaways**! Win gear and enjoy some great local music. Schedule TBA.

Ride your bike to MEC Bikefest. Free valet parking available courtesy of the Toronto Bike Union.